

Jab Bachcha Jhooth Bole

Chocolate muh par. "Maine nahi khaya." — full inkaar

KYA KARO

1. Jo pata hai woh bolo — poochho mat
2. Sach ka rate hamesha sasta rakho
3. Sach bole toh pehle THANK YOU, phir baat

YEH BOLO

"Mujhe sach chahiye. Sach bologe toh daant nahi padegi."

Sach par: "Darr ke bawajood sach bola. Yehi sabse badi baat hai."

YEH MAT KARO

- ✗ Trap lagana — jawab pata hai toh sawal mat karo
- ✗ Court lagana, interrogation karna
- ✗ "Jhootha" label dena — bachcha wahi ban jaata hai

SCIENCE KYA BOLTI HAI

Bachche jhooth saza se bachne ko bolte hain. Saza jitni badi, jhooth utna behtar. Sach ko safe banao.

Roz ka ek chhota kadam — ProParents app

Poora guide: proparents.in/parenting/child-lying

Based on CDC's Learn the Signs. Act Early. guidance · Screening, not diagnosis · proparents.in



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