

Bhai-Behen Ki Ladai

"ISNE SHURU KIYA!" — episode #847

KYA KARO

1. Beech mein aao, par judge mat bano
2. Jo dikh raha hai calmly bolo
3. Problem unke haath mein wapas do

YEH BOLO

Jo dikh raha hai woh bolo: "Do bachche, ek truck."
"Mushkil hai. Tum dono ka plan kya hai?"

YEH MAT KARO

- ✗ Doshi dhoondhna aur saza dena — rivalry badhti hai
- ✗ Hamesha bade se "tum toh bade ho" bolna
- ✗ Toy chheen kar case band karna

SCIENCE KYA BOLTI HAI

Jo bachche apne jhagde khud suljhate hain, woh kam ladte hain — negotiation hi asli skill hai.

Roz ka ek chhota kadam — ProParents app

Poora guide: proparents.in/parenting/sibling-fighting

Based on CDC's Learn the Signs. Act Early. guidance · Screening, not diagnosis · proparents.in



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